features were many. First must be mentioned the wonderful cordiality and helpfulness of the ladies of Cologne. They organised and took charge of the Bureau where the participants in the Congress paid their Registration fees and it worked like clock-work.

Next must be mentioned the Reception on the eve of the Congress by the City dignitaries in the historic Gurzenich, built in the fifteenth century for use on occasions when the Town Council desired to entertain distinguished guests with a magnificence worthy of the city. The lovely living pictures called forth warm admiration, and at the end the "Triumph of Hygeia" was depicted when nurses of many Nations, Associations and Leagues passed before her and laid their offerings of flowers and laurels at her feet. The music also was entrancing for the Männer-Chor, one of the most famous choirs in the world, gave us of their best, and so with civic and professional welcomes ringing in our ears we separated for a brief season, to reassemble in the same place, early next morning, for the business of the Congress.

Sister Karll presided, and as President of the Congress welcomed the Presidents of National Councils, the official and fraternal delegates, and all the Congress members. Then followed the touching ceremony in memory of the dead, for death had been busy with our friends during the last three years, and amongst those who had passed beyond the Veil were Miss Isla Stewart (Great Britain), Mrs. Hampton Robb (U.S.A.), and Dr. Lande, of Bordeaux, and we stood in their honour and remembrance for some poignant minutes while solemn and splendid music ending on a note of triumph testified to the recognition by the International Council of their greatness, and their outstanding services to the cause of Nursing, and especially to the Council. The Watchword for the next triennial period was then, by special request, given by Mrs. Bedford Fenwick, Founder of the Council. She chose the word "Aspiration," and invited the Affiliated Associations to translate it into accomplishment.

The chief feature of the morning's meeting was the reception of new National Associations—that of India being represented by Miss Creighton, and of New Zealand by Miss Jeannie Sutherland.

Amongst those present were Miss Gertrude Rogers (Great Britain), Miss M. Huxley (Ireland), Miss Adelaide Nutting (U.S.A.), Miss Agnes Snively (Canada), Miss Lanschot-Hubrecht (Holland), Miss Bergliot Larsson (Norway), the Countess Jean de Merode (Belgium), Miss Take Hagiwara (Japan), M. André Mesureur (France) and a multitude of interesting personalities in the nursing world from many countries.

The paper of the Congress was undoubtedly that by Dr. Hecker, who had taken immense pains in its preparation, on "The Overstrain of Nurses," it was afterwards published as a pamphlet, and is a valuable contribution to the study of this subject.

Early in the Congress it was decided with enthusiasm to accept the cordial invitation from the American Nurses' Association, conveyed by Miss Dock, to meet in San Francisco in 1915, during the great exhibition to be held there in celebration of the opening of the Panama Canal, and a cable was sent to Miss Goodrich asking her to accept the office of President of the I.C.N. for the period 1912–1915.

Before the end of the Congress Miss Goodrich's acceptance of office was received, and the future seemed full of promise. (Alas, before 1915 the dogs of war had been let loose, and the only meeting possible in San Francisco was a short Executive for business purposes, when Mrs. Henny Tscherning was elected President for the ensuing period).

Many were the expeditions arranged for our pleasure and profit by our kind hostesses, but *the* expedition of the Congress was that to Kaiserswerth, and we boarded the

steamboat which was to take us from Cologne to Kaiserswerth with a thrill of expectation. Were we not going to the house of the life's work of Friederike Fliedner? To see the very room occupied by Florence Nightingale when she stayed with the good deaconesses? Verily we were about to enter on holy ground, and we carried with us a wreath for the grave of Friederike. Curiously enough, when we asked to be shown its locality a deaconess, with some surprise, asked, did we not wish to place the wreath on the grave of the late Herr Pastor? But we assured her that, much as we reverenced the Pastor, it was Friederike, his wife, to whom came the inspiration of training deaconesses to nurse the sick, whom we desired to honour.

We were taken round the various works by some of the Deaconesses including the "Home of Evening Rest" for the Deaconesses past work. Such pleasant, placid faces they all had; as one of our number remarked "none of them had any problems." Then we had an address from Sister Julie Borgas who spoke to us in fluent English of a visit she paid to London. She desired greatly to see Miss Nightingale but could find no one who could tell her where she lived ! However, perseverance and pertinacity won the day and Miss Nightingale received her most kindly. We took a reluctant leave of Kaiserswerth and its kind Sisters. A memorable day indeed.

EDUCATIONAL MEMORIAL TO MISS NIGHTINGALE.

The most far-reaching event of the Congress in its aftereffects was the delightful Banquet with which it closed, at which Sister Karll presided. For this was the occasion whon Mrs. Bedford Fenwick, seconded by Miss Adelaide Nutting, proposed that the Nurses of the world associated together in the International Council of Nurses should inaugurate an Educational Memorial to Florence Nightingale. That proposal, is now at length materialising.

When the proposal, which was kept alive but remained in abeyance during the Great War, was revived, its worldwide educational character was again emphasised and approved. The International Council of Nurses will realise, therefore, that as the inspirer of the Florence Nightingale International Foundation its responsibility for shaping the future of the memorial for the benefit of the whole nursing world is supreme

It was at Cologne that Sister Larsson first attended an International Congress, and speaking at the Banquet, announced her intention of founding a National Council of Nurses in Norway on her return, which she promptly did.

SAN FRANCISCO, 1915.

As we have related, the Congress at San Francisco in 1915, to which the nurses of the world had looked forward with such keen anticipation, and at which it had been planned to have a wonderful open-air procession of nurses, bearing gifts for the Florence Nightingale Memorial, was of necessity abandoned. An Executive Committee was held which was attended at considerable personal risk by two British Delegates, the late Miss A. E. Hulme and the late Miss Beatrice Kent—presided over by Miss A. W. Goodrich. Mrs. Tscherning, of Denmark, was elected President, and the hope was expressed for a meeting in 1918 in that hospitable country.

ATLANTA, 1920.

That hope, however, remained unfulfilled. A meeting of the Executive was called to meet in Atlanta, Georgia, in 1920, and was attended by the late Miss Clara D. Noyes, at that time President of the American Nurses' Association, the late Baroness Mannerheim and two others, but as these did not form a quorum, official action could not be taken.

COPENHAGEN, 1922.

It was not until 1922 that Mrs. Tscherning felt the time opportune for summoning a meeting of the Grand Council



